

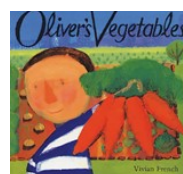
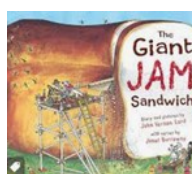


Pre School Parent Plan

Spring 1 — Food Glorious Food!

Our key texts are inspired by our topic Food Glorious Food! Below outlines how the topic links to the EYFS curriculum and the key skills which are linked to effective learning and development.

As the half term progresses, our planning will be influenced and tailored in response to the children's interests and fascinations.



Communication & Language

We will discuss our own experiences of food and tempt the children to try new foods expressing our likes and dislikes and talking about taste and textures. We will visit our School Cook in the kitchen and share how it made us feel and what we enjoyed about it! We will make our own snacks in play and explain to others about our ingredients and instructions!

Literacy

We will play rhyming games based on the books we are reading. We will start to hear the sounds at the start of words and talk about words that may be new to us. We will blend and segment words to help the children hear the sounds. We will mark make everywhere in our environment!

We will provide lots of opportunities for large scale mark making.

Maths

As well as learning basic number skills, children will compare size when cooking using language like bigger than/smaller than e.g. what happens when you stretch the dough? Which ingredients are heavier/lighter? They will also understand that instructions follow a sequence and talk about the sequence of events in stories. We will be looking at simple money concepts in our pre school shop.

Expressive Art & Design



We will be sharing the artwork of Giuseppe Arcimboldo talking about how he used food in his face paintings! The children will be encouraged to do their own observational drawings of seasonal fruit and vegetables. They will be encouraged to express their own ideas freely deciding for themselves which materials and tools to use.

Using our imagination and making our own pre school shop, buying, selling and expressing our own thoughts and ideas.

Physical Development

Children will continue to develop their core strength playing inside and outside. They will take part in cookery activities learning to manipulate specific tools e.g. peelers/graters safely. They will develop strength when mixing and kneading dough and develop further fine motor skills by squeezing bottles of various volumes with some being more tricky to manipulate than others!

Personal, Social & Emotional Development

We will share ideas on how to use prepare food safely and together will make a set of rules to follow when working with food.

Children will continue to develop their understanding of health and hygiene and will have special visitors to speak with them about healthy and unhealthy choices relating to food and the impact of exercise on the body.

The children will continue to build a bond with their trusted adults and demonstrate that they can follow and respond to simple instructions including when working with visitors.

They will develop confidence when talking about their likes and dislikes and respect that their preferences may be different to theirs.

They will be increasingly able to manage their own needs e.g. drinking water when thirsty, accessing snacks when hungry, toileting independently and taking responsibility for their personal hygiene.—hand washing etc.

Understanding the World

We will provide the children with opportunities to cook – combine different ingredients and then cool or heat them.

They will meet people from a range of occupations e.g. school cook, shopkeeper, farmer, café owner etc as well as professionals to talk about health and exercise choices. We will try to challenge gender and other stereotypes to ensure children are aware of equal opportunities and the importance of the protected characteristics.

Using and developing our own understanding and experiences will make our own pre school shop.

Some of the rhymes and songs we may be sharing:

Pat a Cake

One potato, two potato...

I'm a Little Teapot

5 Currant Buns

10 Fat Sausages

Oranges and lemons



Important dates:

Visiting the local shop

Tea party

Parents to visit our Pre School shop - 2.2.24
2.30pm

Key Vocabulary

Whisk, mix, stir, ingredients

sift, cook, weigh, recipe

sprinkle, grate, blend, peel, chop

knead, pour, spoon,

oven, healthy, unhealthy

